



American College of
Emergency Physicians®

ADVANCING EMERGENCY CARE 

POLICY STATEMENT

Approved February 2023

Universal Bicycle Helmet Use

Reaffirmed February 2023,
January 2017, April 2011,
and September 2005

Originally approved
June 1999

The American College of Emergency Physicians (ACEP) recommends that:

- All bicyclists wear a properly fitted Consumer Product Safety Commission (CPSC)-approved bicycle helmet.
- Emergency physicians inform patients and parents of the importance of wearing a bicycle helmet and the dangers of riding without a helmet.
- Retail and rental bicycle outlets have available low-cost CPSC-approved helmets for bicyclists.
- Helmet manufacturers provide educational materials that emphasize the advantages of protective headgear.
- State and local governments enact legislation requiring universal helmet use.
- Community coalitions be developed to promote bicycle safety training, including helmet use.
- The popular media depict helmet use among all bicyclists.