



GEMS Meeting Minutes

February 21, 2022, 2:00 EST/ 1:00 CST / 11:00 PST

Next Meeting March 21, 2022, 2:00 EST/ 1:00 CST / 11:00 PST

Participants: Lauren Southerland, MD, FACEP; Luna Ragsdale, MD, FACEP; Rachel Skains, MD; Katren Tyler, MD, FACEP; Danya Khoujah, MBBS, MEHP; Ari Friedman, MD; Nicole Tidwell; Amber Hartman

1. GEM Section Meeting / Schedule Changes

- A. Will keep original monthly meeting schedule, third Monday of the month 2:00 EST/ 1:00 CST / 11:00 PST. Additional leadership to rotate and cover first 30 minutes of the meeting until Lauren can join. Nicole to assign GEMS leader for March, April, and May months. **Phil to lead March.**

2. Monthly Business Calendar (6 months:)

- A. **February 21-** Review calendar + Initial thoughts on ACEP22 Pre-con content
- B. **February 24-** ACEP22 Section Sponsorship Requests due
- C. **March 28-** Section newsletter
- D. **April 18-** Webinar - Talking 'Bout my Generation.
- E. **April** – TBD separate planning meeting for ACEP22 pre-con
- F. **May-** Bring ACEP 22 “loose” Pre-con plan to section & ABEM Model
 - 1. SAEM/AGS crossover?
- G. **June 20-** GEMS Resident engagement tactics + ACEP22 GEM Section meeting
- H. **July 18-** GEMS/ GEDC educational webinar
- I. **August-** Patient Safety/Quality Committee webinar

3. ACEP22 Pre-conference discussion

- ❖ Topics – Age Friendly Process and how the ED can be involved; 3-4 hours of content
 - 1. **4Ms** (again) but with a “Processes” approach. Speaker idea- Kedar Mate, MD, President and Chief Executive Officer; the Institute for Healthcare Improvement (**IHI**),
 - 2. **Transitions of Care** (GEDC modules)
 - Administrative practices: dementia patient and walk through the process, Cognitive assessments,
 - experience of a care giver of person with dementia (would be a helpful point of view and could pre-record)
 - AMDA – nursing home transitions. Speaker idea – Karl Steinberg or Christopher Laxton,
 - 3. **Transforming Transitions- Pre-hospital, EMS, boarding** – (Nicole ideas; new 2022 EMS taskforce comprised of experts to improve pre-hospital geriatric emergency care) •American Ambulance Association (AAA) •International Association of Fire Chiefs (IAFC) •National Association of EMS Educators (NAEMSE) •National Association of EMT’s (NAEMT) •National Association of EMS Physicians (NAEMSP)
Need to ask EMS – are there any topics they would like covered? GEDA/ACEP EMS task force to improve pre-hospital geriatric care. Pre or post protocols, cognitive and capacity assessments, APS referrals.

- ❖ **Pre-Con Working Titles:** *ACEP 2022 Geriatric Preconference Transitions: We Care? Tricky Transitions? Transforming Transitions of Care?*
- ❖ Will schedule meeting to further flesh out ideas

4. February 24- ACEP22 Section Sponsorship Requests due

- A. Ideas: Posey Company- <https://www.vitalitymedical.com/posey.html> Geri EDs use a lot of their equipment, and if they are in person, they may want to send some hearing aids and delirium tools.
- B. Purewick - <https://www.purewickathome.com/>
- C. Robotic animal companion - <https://joyforall.com/>
- D. Noise cancelling headphones- Bose -Lauren emailed Ed Boyer – meeting in two weeks with Bose.
- E. Stryker – ACEP has a contact from ACEP20
- F. Starlight?
 - a. GEMS ACEP22 Meeting: Need to start thinking about the GEMS agenda now rather than later.
- ❖ ACEP22 Section meeting – 90 minutes, minus 10 minutes for sponsor
 1. Maura will become chair
 2. Ask who would like to be involved in planning– Rachel to help
 3. Loose agenda: Boxing match again, year overview

5. March Newsletter

- A. Content to be written by Nicole & Luna:
 - VA (Luna – due 3/21), Highlight Rachel (UAB/VA) – Rachel to send brief bio and work highlighted to Nicole
 - Accreditation update, upcoming webinars (Nicole)

6. GEMS/GEDC Webinars

- A. Education and business – April and July during GEMS meeting
 1. April Webinar – April 18th, 12pmEST - Talking 'Bout my Generation.
- ❖ Moderate - Maura (2 minutes)
- ❖ Keynote talk: Katren Tyler - chronobiology of aging and lessons learned from other industries - 15 minutes
- ❖ Panel discussants with brief (5 minute/speaker: 15 minutes total) presentation
Steve Meldon, Torree McGowan (Katren to speak with Toree)
- ❖ Speaker A: TBA - practice specific policy for aging physicians - crowdsource via GEMS - if no-one steps forward, could crowdsource through the workforce group, or ask Stephen Meldon to present.
- ❖ Speaker B: TBA - intersection with quality assurance - crowdsource via QA group
- ❖ Speaker C: Rich Boggs, OSU - avoiding agism and paternalism in departmental policies (Lauren emailed him and waiting response)
- ❖ =<8 minutes of structured questions for panelists (2 min or less/speaker)
- ❖ 10+ minutes QA from audience
- ❖ leverage social media - we could send out surveys via Twitter - personalized by generation and ask about shift preferences/circadian rhythms, we could ask questions about policies at ppl's home institution, etc.

- ❖ Phil to connect Maura and Katren with JHMI faculty members who is helping outline Hopkins EM aging workforce considerations.
 - B. Co-advertise with ACEP workforce section
7. May - ACEP22 Pre-conference discussion
- ❖ Section meeting – 90 minutes, minus 10 minutes for sponsor
 - ❖ Maura will become chair
 - ❖ Ask who would like to be involved – Rachel to help
 - ❖ Boxing match again, year overview
 - ❖ Topics – Age Friendly Process and how the ED can be involved (Kedar), Transitions of Care (GEDC modules) - dementia patient and walk through the process, Cognitive assessments, AMDA – nursing home transitions (Nicole has contact – Christopher Laxston?, Steinberg), experience of a care giver of person with dementia (would be a helpful point of view and could pre-record)
 - ❖ Nicole can create rough draft of pre-conference – three to four hours
 - ❖ *ACEP 2022 Geriatric Preconference Transitions: We Care? Tricky Transitions? Transforming Transitions of Care?*
 - ❖ EMS – are there any topics they would like covered?
GEDA/ACEP EMS task force to improve pre-hospital geriatric care. Pre or post protocols, cognitive and capacity assessments, APS referrals.
8. **May -ABEM**
- A. Kevin: West Health- increase core geriatric education, engaging in conversations with ABEM
- Key Advances for ABEM – GeriED Guidelines could feed into this; Chris Carpenter is part of the group for key advances.
1. ABEM Model (changes meeting in May)- Lauren to presented data. Mapped geriatric domains from ABEM Model.
 2. ITE exams (based on model) – what are they calling “geriatric” – Lauren to review
 3. New ABEM Modules for attendings – (multiple year process; already planned out) Mapped Tess Hogans Domains to ABEM Model
9. **July** - collaborate with GEDC on educational webinar (July 18, 2022?)
1. Activity kits and delirium management tools
 2. TAKs, St. Joseph’s kit ([White noise machine, therapy kits](#) \$25-\$50)
 3. Tess Hogan for GeriED Guidelines PICO question
 4. Invite smaller hospitals to participate:
- ❖ Baystate?
 - ❖ Ari Friedman – went to BI for residency, MD, PhD, Health Economist at Penn, Older pain, and Abdominal pain at Penn
 - ❖ Sara Hurley MSIII, at Hopkins
 - ❖ Jonathan Dillon, PGY1 at Christiana
10. **August-** (or another time), Patient Safety/Quality Committee wants to do a joint webinar with us to discuss how GEDs improve quality (Top 10 simple ways to improve quality of care for older adults) or something like that. Cameron Gettl part of this group.
1. Phil and Luna offered to help with webinar

2. Maura Kennedy highlighted on EMRAP three months ago!!!!

11. GEMS Engagement

- A. Projects to get people involved in the section. Maybe a series of quick polls on the discussion boards.
 - ❖ Chris Carpenter Twitter account titled GEMs. Rachel can post Twitter polls. Should we have a list of topics to engage? Target to residents.